

## interproximal reduction (IPR/polishing)



### **what is interproximal reduction?**

It is the selective removal of a specific tooth surface to reduce the width of selected teeth by up to 0.5mm. This technique has been used in orthodontics for many years. A minimal amount of tooth structure is removed during the procedure which ensures that the health of the tooth is always maintained.

### **why would this be done?**

The clinician would perform this procedure to gain space in order to straighten crowded teeth, improve the shape of teeth so that they fit together better, and sometimes to allow alignment without the need for the removal of a tooth/teeth.

### **what you need to know**

IPR is performed without the need for local anaesthetic, as the part of the tooth which is being polished has no nerves. Pulling, pushing and pressure are the only feelings that may be experienced. Some patients do experience some temporary sensitivity after the appointment, however this usually returns to normal within a few days. It can be done in one appointment, or over the course of a few appointments.

I have read, understood and give permission for The Ortho Practice to perform IPR in order to achieve the best treatment result:

Patient's name:

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Parent/Guardian name:

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Signature:

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