

## your virtual appointment is as easy as 1,2,3

Take the opportunity to explore  
the benefits of Invisalign®.

**We offer easy virtual appointments  
from the comfort of your couch.**

Simply send us your photos via email, using the  
supplied instructions, and you will receive an email  
from our specialist doctor with feedback about your  
oral health care program.



[theorthopractice.com.au](https://theorthopractice.com.au)

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## how to send us your photos using cheek retractors

All you need is your mobile phone camera. Take the photos ensuring that the flash is turned on. You will need someone to help you take the photographs.

**Note:** Do not use selfie mode.

If you do not have cheek retractors handy you can use 2 spoons to hold your lips and cheeks out of the way for the photos (see below image).

**Angles:** Using the Retractor take a total of 10 photos following the example angles given.

**Tip:** Hold the phone as close as possible to the teeth. Ensure the images are clear and in focus.

**Email to:** [info@theorthopractice.com.au](mailto:info@theorthopractice.com.au)

Please attach your best **10 photos** and be sure to include the patients first and last **name** in your email.



Cheek Retractor



Spoon Retractors

## facial photos



Closed Mouth



Toothy Smile



Side Profile Left

## teeth angles



Front Open Teeth



Front Closed Teeth



Closed Right



Closed Left



Top Inner



Bottom Inner

**Retainer Images:** If you have retainers you will need to provide 2 sets of photos. Take 1 full set with your retainers in place.

Then take your retainers out and take additional 'Closed Left' and 'Closed Right' side photos (teeth only) biting down on the back teeth, this way we can assess the bite.