

important information about your next Invisalign® step

- Wear your current aligner every night until we see you next.
- A minimum of 8 hours a night is required.
- Remain in your current aligners to ensure optimal fit of your next set.
- Please contact us immediately if you damage or misplace your current aligners.
- It may be necessary to remove or place more attachments, perform more interproximal reduction (teeth reshaping) or start the wearing of elastics with your new aligners.
- It is unknown prior to the aligners arriving, how many aligners, attachments there will be or if interproximal reduction is needed.
- This is not a regression in your treatment, but a requirement for an optimum overall result.
- Please bring the aligner you have been wearing to your next appointment.